



The Ramaz School

APRIL MENU for the Middle School



Monday 4/9	Tuesday 4/10	Wednesday 4/11	Thursday 4/12	Friday 4/13
French Onion Soup Macaroni and Cheese Roasted Butternut Squash Mushroom Medley Chickpea Edamame Salad Seasonal Fresh Fruit	Lentil Soup Assorted Deli Sandwiches Steak Fries Steamed Broccoli House made macaroni salad Seasonal Fresh Fruit	Chicken Noodle Soup Oven "Fried" Chicken Cauliflower Rice Corn on the cob Kale Caesar Salad Seasonal Fresh Fruit	Butternut Squash Soup Pasta Bar Parmesan Zucchini Rounds Roasted Carrots Greek Salad Seasonal Fresh Fruit	Split Pea Soup Pizza Veggie Pizza Vegetable Medley Potato Chips (MS only) Rice Krispy Treats
Monday 4/16	Tuesday 4/17	Wednesday 4/18	Thursday 4/19	Friday 4/20
Creamy Mushroom Soup Baked Ziti Garlic Green Beans Roasted Corn Fruity Balsamic Salad Seasonal Fresh Fruit	Creamy Cauliflower Soup Beef Burgers Sweet Potato Fries Edamame w/ Sea Salt Creamy Coleslaw Seasonal Fresh Fruit	Wonton Soup Chicken with Broccoli Veggie Lo Mein Asparagus Stir-fry Bok Choy Slaw Seasonal Fresh Fruit	Lentil Soup Falafel in Pita Shoestring Fries Israeli Salad Housemade Chummus Blue and White Cupcakes	Tomato Rice Soup Grilled Cheese Grilled Cheese w/ Tomato Vegetable Medley Potato Chips (MS only) Sunbutter Brownies
Monday 4/23	Tuesday 4/24	Wednesday 4/25	Thursday 4/26	Friday 4/27
Vegetarian Chili Cheese/Veggie Quesadillas Brown Rice Pilaf Roasted Baby Carrots Guacamole Seasonal Fresh Fruit	Sweet Potato Bisque Taco Tuesday Spanish Rice Roasted Corn Black Bean Edamame Salad Seasonal Fresh Fruit	Chicken Orzo Soup BBQ Chicken Mashed Sweet Potato Roasted Rainbow Veg. Caesar Salad Seasonal Fresh Fruit	Oatmeal French Toast Homefries Ratatouille Caprese Salad Seasonal Fresh Fruit	Potato Leek Soup Pizza Veggie Pizza Vegetable Medley Potato Chips (MS only) Blondies
Monday 4/30				
Zucchini Garlic Soup Macaroni and Cheese Oven Roasted Tomato Steamed Carrots Fruity Balsamic Salad Seasonal Fresh Fruit				

Daily Offerings:

- Full Salad Bar
- Tuna Salad / Flake Tuna
- Hard Boiled Eggs
- SunButter / Jelly / Cream Cheese
- Whole Wheat Bread / WW Bagels
- Plain Pasta
- Fresh Fruit