



The Ramaz School  
**JUNE MENU for the Middle School**



				<b>Friday 6/1</b> French Onion Soup Pizza Veggie Pizza Vegetable Medley Potato Chips (MS only) Carrot Cake w/ Frosting
<b>Monday 6/4</b> Split Pea Soup Macaroni and Cheese Roasted Sweet Potato Steamed Cauliflower Quinoa Edamame Salad Seasonal Fresh Fruit	<b>Tuesday 6/5</b> Minestrone Soup Spaghetti with Meat Sauce Roasted Carrots Garlic Bread Focaccia Kale Caesar Salad Seasonal Fresh Fruit	<b>Wednesday 6/6</b> Chicken Orzo Soup Shwarma Couscous w/ Caramelized Onion Roasted Zucchini Israeli Salad / Chummus Seasonal Fresh Fruit	<b>Thursday 6/7</b> Creamy Broccoli Soup Baked Ziti Roasted Butternut Squash Sauteed Spinach w/ Portobello Marinated Tofu Salad Seasonal Fresh Fruit	<b>Friday 6/8</b> Tomato Rice Soup Grilled Cheese Grilled Cheese w/ Tomato Vegetable Medley Potato Chips (MS only) Double Fudge Brownies
<b>Monday 6/11</b> Mushrrom Barley Soup Cheese/Veggie Quesadillas Brown Rice Pilaf Roasted Vegetables Guacamole Seasonal Fresh Fruit	<b>Tuesday 6/12</b> Creamy Cauliflower Soup Beef Sliders Sweet Potato Fries Corn on the Cob Housemade Coleslaw Seasonal Fresh Fruit	<b>Wednesday 6/13 (Rosh Chodesh)</b> Chicken Matzah Ball Soup BBQ Chicken Steamed Broccoli Mashed Potatoes w/ Gravy Black Bean Corn Salad Seasonal Fresh Fruit	<b>Thursday 6/14 (Rosh Chodesh)</b> Oatmeal with Toppings French Toast Home Fries Roasted Veggies Greek Salad Seasonal Fresh Fruit	<b>Friday 6/15</b> Potato Leek Soup Pizza Veggie Pizza Vegetable Medley Potato Chips (MS only) Blondies
<b>Monday 6/18</b> Faculty Days	<b>Tuesday 6/19</b> Faculty Days	<b>Wednesday 6/20</b> Faculty Days	<b>Thursday 6/21</b>	<b>Friday 6/22</b>

**Daily Offerings:**

- Full Salad Bar
- Tuna Salad / Flake Tuna
- Hard Boiled Eggs
- SunButter / Jelly / Cream Cheese
- Whole Wheat Bread / WW Bagels
- Plain Pasta
- Fresh Fruit