



The Ramaz School



DECEMBER MENU for the ECC and Lower Schools

Friday 12/1				
				Potato Leek Soup Grilled Cheese Grilled Cheese w/ tomato Vegetable Medley potato chips (MS only) Fudgy Brownies
Monday 12/4	Tuesday 12/5	Wednesday 12/6	Thursday 12/7	Friday 12/8
Lentil Soup Mac and Cheese Steamed Broccoli Roasted Sweet Potatoes Rainbow Wheatberry Salad Seasonal Fresh Fruit	Minestrone Soup Beef Sliders Baked Beans Roasted Cauliflower Quinoa Edamame Salad Seasonal Fresh Fruit	Matzoh Ball Soup Shwarma in Pita Roasted Butternut Squash Israeli Couscous Hummus / Israeli Salad Seasonal Fresh Fruit	Split Pea Soup Fish Sticks / Fish Tacos (MS) Corn on the Cob Sweet Potato Fries Red Cabbage Slaw Seasonal Fresh Fruit	French Onion Soup Pizza Vegetable Pizza Vegetable Medley potato chips (MS only) Chocolate Chip Cookies
Monday 12/11	Tuesday 12/12	Wednesday 12/13 (chanukah)	Thursday 12/14 (chanukah)	Friday 12/15 (chanukah)
Vegetarian Chili Cheese/Veggie Quesadillas Steamed Baby Carrots Brown Rice Pilaf House Made Salsa Seasonal Fresh Fruit	Creamy Cauliflower Soup Taco Tuesday Roasted Corn Edamame w/ Sea Salt Mango Jicama Slaw Seasonal Fresh Fruit	Chicken Orzo Soup BBQ Chicken Mashed Sweet Potatoes Roasted Green Beans Black Bean Edamame Salad Seasonal Fresh Fruit	Vegetable Soup Mock "Chicken" nuggets Steamed Broccoli Shoestring Fries Israeli Salad / Hummus Seasonal Fresh Fruit	Tomato Rice Soup Grilled Cheese Grilled Cheese w/ tomato Vegetable Medley potato chips (MS only) Oatmeal Blondies
Monday 12/18 (chanukah)	Tuesday 12/19 (chanukah)	Wednesday 12/20 (chanukah)	Thursday 12/21	Friday 12/22
Creamy Mushroom Soup Baked Ziti Steamed Green Beans Sweet Potato Wedges Marinated Tofu Chickpea Salad Seasonal Fresh Fruit	Sweet Potato Bisque Spaghetti and Meatballs Roasted Cauliflower Garlic Bread Kale Caesar Salad Seasonal Fresh Fruit	Egg Drop Soup Chicken Fingers Vegetable Lo Mein Stir-fried Snap peas w/ asparagus Bok Choy Salad Seasonal Fresh Fruit	Oatmeal w/ dried fruit French Toast Home Fries Edamame w/ Sea Salt Greek Salad Seasonal Fresh Fruit	Winter Break
Monday 12/25	Tuesday 12/26	Wednesday 12/27	Thursday 12/28	Friday 12/29
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break

Daily Offerings:

- Full Salad Bar
- Tuna Salad / Flake Tuna
- Hard Boiled Eggs
- SunButter / Jelly / Cream Cheese
- Whole Wheat Bread / WW Bagels
- Plain Pasta
- Fresh Fruit