

Lower/Middle School

Monday 5/1	Tuesday 5/2	Wednesday 5/3	Thursday 5/4	Friday 5/5
Split Pea Soup Baked Macaroni and Cheese Roasted Root Veggies Wild Mushroom Medley Caesar Salad Seasonal Fresh Fruit	Zucchini Garlic Soup Falafel in Pita Shoestring Fries Housemade Chumus Israeli Salad Seasonal Fresh Fruit	Hearty Vegetable Soup Beef Sliders Dill Baby Potatoes Lemon Garlic Asparagus 5 Bean Salad Seasonal Fresh Fruit	Lentil Soup Cheese / Spinach Lasagna Honey Roasted Squash Garlic Broccoli Florets Hearts of Palm Salad Seasonal Fresh Fruit	Tomato Rice Soup Grilled Cheese Grilled Cheese w/ tomato Vegetable Medley Potato Chips (MS only) Rice Krispy Treats
Monday 5/8	Tuesday 5/9	Wednesday 5/10	Thursday 5/11	Friday 5/12
Creamy Corn Bisque Baked Ziti Roasted Acorn Squash Garlic Brussel Sprouts Mango Edamame Salad Seasonal Fresh Fruit	Black Bean Soup Taco Tuesday Spanish Rice Refried Beans Fiesta Kale Salad Seasonal Fresh Fruit	Butternut Squash Soup Oven "Fried" Chicken Roasted Green Beans Mashed Yukon Gold Black-eyed Pea Salad Seasonal Fresh Fruit	Vegetable Chowder Pasta Bar Sauteed Greens Roasted Sweet Potatoes Greek Wheatberry Salad Seasonal Fresh Fruit	French Onion Soup Pizza Vegetable Pizza Vegetable Medley potato chips (MS only) Birthday Cake
Monday 5/15	Tuesday 5/16	Wednesday 5/17	Thursday 5/18	Friday 5/19
White Bean Kale Soup Cheese/Veggie Quesadillas Jasmine Rice Roasted Corn Succostash Chunky Avocado Salsa Seasonal Fresh Fruit	Hot and Sour Soup Chicken Teriyaki Shitake Stir-fry Vegetable Fried Rice Crunchy Asian Slaw Seasonal Fresh Fruit	Chicken Curry Soup Shwarma in Pita Lemon Garlic Zucchini Shoestring Fries Israeli Salad Seasonal Fresh Fruit	Chicken Curry Soup French Toast Home Fries Ratatoulie Caprese Salad Seasonal Fresh Fruit	Creamy Broccoli Grilled Cheese Grilled Cheese w/ tomato Vegetable Medley Potato Chips (MS only) Blondies
Monday 5/22	Tuesday 5/23	Wednesday 5/24	Thursday 5/25	Friday 5/26
Sweet Potato Bisque Baked Macaroni and Cheese Oven Roasted Tomato Mushroom Ragu Confetti Farro Salad Seasonal Fresh Fruit	Turkey Split Pea Soup Spaghetti and Meatballs Roasted Cauliflower Garlic Bread Spinach Caesar Salad Seasonal Fresh Fruit	Beef Mushroom Barley Soup Assorted Deli Sandwiches Garlic Green Beans Sweet Potato Fries Kale Quinoa Salad Seasonal Fresh Fruit	Vegetarian Chili Fish Sticks / MS Tilapia Fajitas Baked Potatoes Steamed Broccoli House Made Coleslaw Seasonal Fresh Fruit	Potato Leek Soup Pizza Vegetable Pizza Vegetable Medley potato chips (MS only) Sugar Cookies
Monday 5/29	Tuesday 5/30	Wednesday 5/31		
Memorial Day	Erev Shavuot	Shavuot		

Daily Offerings:

Full Salad Bar
Tuna Salad / Flake Tuna
Hard Boiled Eggs
SunButter / Jelly / Cream Cheese
Whole Wheat Bread
Plain Pasta
Fresh Fruit